Dear 4-H Member, Leaders, and Families:

Welcome to a new year with Bergen County 4-H! I hope you all had a happy holiday season and are starting 2013 off healthy and refreshed. With the excitement of the holidays behind us and a long stretch of winter in front, this is a great time to reflect on the past year and look forward to the next.

I am happy to say that 2012 saw the start of a new club and the participation of 4-H in a county-wide Fall Festival. These are two great successes for Bergen 4-H and I look forward to more of the same in the 2013. Though Mother Nature may be hibernating for a few more months, Bergen County 4-H is busy planning new and exciting things for the kids already involved in the program as well as those who we hope to bring into our family. This year, we will have more new clubs starting, new “Family 4-H Nights” to encourage Bergen 4-H families to come together more often, and hopefully some new day camp programs offered in the summer.

Though I am still quite new to all things 4-H, I could not be more happy to have the chance to be a part of this organization. I plan to continue to support the great work you are doing throughout the county and grow our program little by little, showing off the impressive kids we have in our clubs and spreading the word about positive youth development!

Jennifer Meyer Donovan
County 4-H Agent

4-H Mission Statement

The Rutgers Cooperative Extension 4-H Youth Development Program uses a learn by doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world. The mission is accomplished by using knowledge and resources of the land grant university system, along with the involvement of caring adults.

INSIDE THIS ISSUE OF THE BUZZ!

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ATTENTION LEADERS and PARENTS

If your club has a website…

The site must follow the RCE/4-H policies. The site must include:

- The RCE indicia (official non-discriminatory statement)
- The Rutgers logo
- Official 4-H clover
- A last modified date
- The phone number, e-mail and address of the Bergen County 4-H Office

THE SITE CANNOT INCLUDE:

- Full names of youth
- Pictures of youth without a signed parental consent form
- Personal phone numbers, addresses or e-mail addresses

If you have any questions, please contact the Bergen 4-H Office.
Save the Date!

4-H PUBLIC PRESENTATIONS

Friday, April 12th
Liberty School in Englewood
6:00 p.m.

Make-up date
Friday, March 22nd
in Wayne
6:00 p.m.

See form at the end of this newsletter

Are you in grades 8-13? Are you looking for new, fun experiences? Do you want to participate in State and National 4-H trips and events?

If the answer is yes, then consider joining the Teen Council! We are a group of teens who are concerned about the community and want to make a difference. We do a variety of community service projects, and are always looking for new members!

The Bergen Teen Council meet on the first Thursday of every month at 7:30 pm. The Teen Council welcomes prospective members to meetings! Drop by to see what we’re all about. For more information, contact the office at 201-336-6785 or e-mail us at bergen4h@rce.rutgers.edu.
Winter Camp this year was a blast with over 30 teens in attendance from Passaic, Somerset, Warren and Bergen 4-H. Although Mother Nature did not bless us with snow, teens were able to make a memorable and exciting weekend at the 4-H Camp in Stokes State forest. From archery lessons to hikes in the woods, Winter Camp had no shortage of fascinating activities to take part in and of course time for 4-H members to chill out, play games, and show off their more interesting talents. 4-H teens gathered around the fireplace and shared stories about their 4-H year and eagerly planned for upcoming events. Thanks to Jim Tavares and all our 4-H counties, chaperones and agents for making every Winter Camp one to remember.
ATTENTION CLUB LEADERS:

PLEASE NOTE THE IMPORTANCE OF HAVING THE NEW MEMBER REGISTRATION FORMS FILLED OUT IN THEIR ENTIRETY. PLEASE ENCOURAGE NEW MEMBERS TO COMPLETE THE FORMS TO THE BEST OF THEIR ABILITY, INCLUDING ALL REQUIRED SIGNATURES. INCOMPLETE FORMS MUST BE RETURNED TO THE NEW MEMBERS BEFORE THEY CAN BE PROCESSED AND THE MEMBERS OFFICIALLY ENROLLED. PLEASE CHECK THE FORMS FOR ACCURACY AND INTELLIGIBILITY.

ALSO, PLEASE REMEMBER THAT ALL MEMBERS/LEADERS/ASSISTANT LEADERS MUST BE REGISTERED BEFORE THEY ARE ELIGIBLE TO PARTICIPATE IN ANY 4-H EVENTS, INCLUDING CLUB MEETINGS.

PERTINENT INFORMATION INCLUDES BIRTH DATES FOR BOTH YOUTH AND ADULT MEMBERS. THIS INFORMATION IS NEEDED IN ORDER TO ACCURATELY COMPLETE OUR END OF YEAR REPORTS.

THANK YOU FOR YOUR HELP!

The Outdoor Adventure Club welcomes Cassandra and Samantha Ponomarcvic of Waldwick, and Peter Bruno of Park Ridge to their group.

Jennifer Malti of Jersey City, Eva Louis and Asya Ildiz of Palisades Park, Javier Londono of Garfield, and Amber Schneider of Wallington, are the newest members of Nature Nuts.

New 4-H’ers in the Mahwah Community Club are Caleb and Hannah Calaman, Neel Tripuraneni, and Alyssa Temperowski, all of Mahwah.

Daniel Youssef of Lodi has joined the Garfield Garden Club.

Teen Council would like to extend a welcome to Sergio Valencia of Bergenfield.

The Rabbit Raisers is happy to say welcome to new members Matthew Reynen of Wyckoff, Kevin DenBleyker of Mahwah, and Colin Fitzgerald of Ridgewood.

New 4-H’ers joining our newly formed Teaneck Community Club are Dhruva, Sage, Austin, and Summit Cheethirala of Nutley, Jesse Harrington of Montvale, Ibraham, Israa, and Ysyf Altaai of Franklin Lakes, and our newest Leader, Elizabeth Davis of Teaneck.

WELCOME TO OUR 4-H FAMILY!
The long awaited debut…. http://nj4h.rutgers.edu/

TO FIND OUT MORE, VISIT THE 4-H SET WEBSITE AT http://4hset.rutgers.edu

FOR ALL YOUR NATIONAL 4-H NEWS…..

Check out Clover Corner News, 4-H’s national on-line newsletter.
Subscribe today by visiting the Clover Corner News website at: http://www.4hblogs.org/ccn/

Check out the new National 4-H website at:

http://4-h.org/
The site has great 4-H information, links, and resources!

FIND US ON FACEBOOK AT http://www.facebook.com/4-h.
The 4-H Facebook page has more than 100,000 fans from around the world!

FOR UP-TO-THE-MINUTE INFORMATION VISIT THE BERGEN COUNTY 4-H WEBPAGE!

HTTP://BERGEN.NJAES.RUTGERS.EDU/
CLICK ON THE 4-H YOUTH DEVELOPMENT LINK.
YOU WILL FIND LINKS TO FORMS, OUR NEWSLETTER, CLUB PAGES AND OTHER GREAT FEATURES.
PLEASE FEEL FREE TO GIVE US YOUR FEEDBACK SO WE CAN CONTINUE TO IMPROVE OUR SITE!
October was a busy month for our group. First on October 18th we had our Halloween Party. All members were asked to come dressed in costume made from materials found around the house. This costume had to represent some kind of animal and each child gave a little talk about the life of this animal and where it can be found.

Then after snacking on some Halloween baked goods, everyone had fun in playing holiday themed games. First there was the Eye Ball Race, where the kids carried plastic eyeballs on spoons and raced in relay teams around the obstacles. Then they made a spider web from a single ball of black yarn. Finally everyone got goody bags filled with Halloween Candy and trinkets. The evening was a lot of fun and maybe next year we can expand it to include other groups.

On October 27, 2012, Nature Nuts, along with Garfield Garden Club, The Mahwah Group, and Ther-Happy Pets participated in the Bergen County Fair and the New Overpeck Park in Ridgefield NJ. 4-H along with Master Gardeners each had a tent in which they set up their displays also in the 4H tent, where activities for children to do, like apple stamping, decorating foam pumpkins, and face painting. This was a first time event and we weren't sure how it would go. The attendance was light, possibly because of an approaching hurricane (Sandy), but it was a good exposure and there were a lot of people who had never had contact with 4H before. Hopefully, if this event takes place again next year a better advertising program will help it to be more successful.

Nature Nuts would like to welcome new a member, Jennifer Malti, of Jersey City.

On Thursday, November 29th, Nature Nuts had their regular monthly meeting. Member Erin Barone had just returned from 4-H National Congress in Atlanta, Georgia and she gave a small account of her trip. After discussing some other business, we went into the topic of the evening which was extreme weather and hurricanes specifically. On the wake of the destruction caused by Sandy, we explored how these storms are formed and how they travel. We then talked about the different types of damage that could be done when these storms hit landfall, i.e; tidal damage, wind damage, water damage, etc. The group then made air serpents, which when hung near a heat source, can detect air currents, especially those made by hot air. On Saturday, December 8th, members of Nature Nuts and their families attended an evening program at Turtle Back Zoo in West Orange. The zoo was lit up with decorations for the Christmas Holidays and we got to see a lot of the animals and how they live at night. Fortunately, it was a warm night with no precipitation, so it made the evening that much more enjoyable. There was no admission. However, they were accepting donations of unwrapped toys and non-perishable foods. On Thursday December 13th Nature Nuts celebrated their annual Christmas Party. Members were asked to bring either a small pet or a favorite stuffed animal and talk a little bit about them. After snacks and baked goods, the group got to make various Christmas ornaments. The evening ended with everyone getting a grab bag that was of a nature theme. Nature Nuts would like to welcome new members Asya Ildiz and Eva Louis, both of Palisades Park, Javier Londono of Garfield, and Amber Schneider of Wallington. Nature Nuts can be reached @ nature4h@yahoo.com or @ 201-406-0163.
The Mahwah Community 4-H Club currently has 18 members and is happy to welcome our newest 4-Hers:

Calab Calaman
Hannah Calaman
Luke Santos
Alyssa Tomprowski
Neel Tripuraneni

This year our club is focusing on "everything chocolate." Here's what we've baked so far -- from scratch, of course!
- September, Butter Crunch Toffee
- October, Eggless Chocolate Cake Cones
- November, Irresistible Brownies

We are looking forward to trying many more delicious chocolate recipes in the new year!

Happy New Year! We have had a fun and exiting year so far. We have moved to a new location at the Ramapo Reformed Church Education Building in Mahwah, NJ on 100 Island Road. Our club still meets the last Friday of each month at 7pm from September to June. At our October meeting we decorated new birdhouses for each member. For our December meeting we practiced and started to master making paper snowflakes to decorate our homes. At both meetings our members were able to show the group talk about their bunnies and other pets. Friday, January 25, 2013 will be our first meeting for the new year and all are welcome to attend. We will have another fun project for everyone to do.
With several new homes to visit and another special guest, 4H Ther-Happy Pets thrived in the year of 2012. Our wonderful members and their pets have consistently spread smiles across elders' faces in care centers including Maple Glen Center, Buckingham at Norwood, and The Atrium in Allendale. Just as many smiles are reflected onto our members' faces, too.

In November, a unique meeting was held at the Saddle Brook Senior Center. All dogs were welcome, for a guest dog trainer was scheduled to give the club a brief training session! Although some pets were a little stubborn when it came to staying quiet, many gratefully munched on their treats after performing numerous tricks. Likely the most interesting tidbit told by our fabulous trainer was that to teach a dog to sit, one must simply raise their hand (with treat, of course) above the dog's head. The dog, then, will have to look up and further sit to get a view of the treat, which is rewarded upon completion of "sit". Additionally, 4-H's Potluck Dinner was a great event that bonded members even more, and our president, Noelle, even won the 4-H Leadership award!
At our last meeting, Garden Club members wrote letters to service men and women as part of Martin Luther King, Jr. Day of Service. We also strung popcorn and cranberries to feed birds at library.
New Jersey 4-H Youth Development Public Presentation Program

Public Presentations Information Sheet

A Public Presentation is a Talk
Given by a 4-H Member in Front of a Group

Presentations are an outgrowth of 4-H emphasis on members teaching others what they know. One of the best ways to each is to demonstrate how something is done. For this reason presentations are sometimes referred to as demonstrations. A demonstration has action and visuals to reinforce what is being said. Here are four types of presentations that will effectively communicate a member’s thoughts and ideas.

Demonstrations: Show how a task is done or a product is made. For example, show how to make a milk shake or how to groom a rabbit.

Illustrated Talk: Present information with the aid of pictures, videotapes, models, charts, or other reference materials.

Formal Speech: This may be a speech or poem written by the member who gives

Benefits of Public Presentations Given by 4-H Members

1. Presentations make club meetings more interesting and informative.
2. 4-H members have opportunity to teach others so as to be recognized for this effort. Presentations reinforce what has been learned.
3. Planning a presentation is incentive to learn more about a topic.
4. Presentation experience helps 4-H members gain poise and self-confidence over time with practice.

Karin L. Carb lipps, 4-H Program Specialist, Jennifer Carlson, and Kevin K. Obara, Dr. ed., 4-H/Youth Specialist, Educational Program.
ANNUAL 4-H PUBLIC PRESENTATIONS
Friday, April 12th
6:00 p.m.
Liberty School
12 Tenafly Road, Englewood, NJ

4-H Public Presentations Registration
FORM MUST BE RECEIVED BY 4/1
RCE Bergen County 4-H Office
One Bergen County Plaza, 4th Floor
Hackensack NJ 07601
or fax to: (201)336-6873

Which type of presentation are you giving? (check one)
  _____ Demonstration
  _____ Illustrated Talk
  _____ Formal Speech
  _____ Creative Dramatics or Oratory

NAME:_______________________________________________  CLUB:_______________________________
ADDRESS:______________________________________________________________________________  APT:
CITY:____________________________________________  STATE:___________  ZIP:____________________
PHONE:______________________________________  GRADE:____________  BIRTHDAY:____/____/____
YEARS IN 4-H:______  PREP MEMBER:______  NUMBER OF PAST COUNTY PRESENTATIONS GIVEN:_______
TITLE OF THIS YEAR’S PRESENTATION:________________________________________________________
BRIEF EXPLANATION:______________________________________________________________________
________________________________________________________________________________________
LENGTH OF PRESENTATION:_______MINUTES (Prep should be 1-5 min. Others must be 5-15 min. Please time
yourself; don’t guess.
WILL USE SMALL ANIMALS:  ____YES____NO        KIND:________________________________________
  (small animals, dogs acceptable)
EQUIPMENT: The 4-H MEMBER is responsible for providing all equipment needed for the presentation.
  If you need special assistance, call the 4-H Office (201)336-6785.
  __________YES! I will bring a tray of cookies or other finger food for refreshments at the Awards Ceremony.
HOSTS & HOSTESSES (GRADES 4-13) check one: ___YES, ___NO, I would/would not like to be a host/hostess.
You are invited to take part in the 6th annual North Jersey 4-H Teen Conference!!!

This conference is open to all 4-H teens in grades 8-13 in all North Jersey counties with 4-H programs. The conference will provide an opportunity for teens to broaden their circle of friends, learn new skills and have fun! The conference is planned and run through a partnership of 4-H teens and adults.

Conference Theme
This year’s theme is “4-H - New Jersey: 2013 4-H NJTC Investigations.” The conference will focus on ways that you can find clues to building the abilities you need to tackle real life issues and challenges now and in the future. The conference kicks off with Friday evening activities and a chance to meet 4-Hers from other counties. Throughout the conference, participants will have the opportunity to expand their horizons and meet new people, and survive the challenges that life has to offer.

What Does the Program Offer?
- Workshops
- Opportunity to meet teens from other counties
- Saturday afternoon special program
- Saturday evening dinner dance
- Sunday morning motivational program
- Fun and much more

Registration Information
Who can attend? Youth in Grades 8-13 (one year out of high school)
When is it? March 8-10, 2013
Where is it? La Quinta Inn and Suites, Somerset, NJ
How do I register? Complete paperwork and send to your 4-H Office by January 25, 2013
What does it cost? $170.00 for 4-H youth

*Tentative Schedule*

<table>
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<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td><strong>Friday, March 8</strong></td>
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<tr>
<td>5:00-7:00</td>
<td>Registration</td>
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<td>5:30-7:00</td>
<td>Dinner</td>
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<td>7:00-7:30</td>
<td>Welcome Session and Parade of Counties</td>
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<td>7:30-10:00</td>
<td>Evening Program</td>
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<td>10:00-10:30</td>
<td>Snacks</td>
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<td>10:30-11:00</td>
<td>County Meetings</td>
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<td>11:00</td>
<td>Free Time</td>
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<td><strong>Midnight</strong></td>
<td>4-H Curfew</td>
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<td><strong>Saturday, March 9</strong></td>
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<td>8:15-9:30</td>
<td>Breakfast</td>
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<td>9:15</td>
<td>Morning Announcements</td>
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<tr>
<td>9:30-11:00</td>
<td>Workshop Session 1</td>
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<td>11:15-12:15</td>
<td>Workshop Session 2</td>
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<td>12:30-1:30</td>
<td>Lunch</td>
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<td>1:15-2:15</td>
<td>Workshop Session 3</td>
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<td>2:30-4:45</td>
<td>Afternoon Program/Field Trip</td>
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<td>4:45-6:30</td>
<td>Free Time (swimming, etc.)</td>
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<td>6:30-8:00</td>
<td>Buffet Dinner with County Updates</td>
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<td>8:00-11:00</td>
<td>Dance</td>
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<td>8:00-11:30</td>
<td>Game, Activity and Movie Room Open</td>
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<td>11:00-11:45</td>
<td>Snack Room Open</td>
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<td>Free Time</td>
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<td><strong>Midnight</strong></td>
<td>4-H Curfew</td>
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<td><strong>Sunday, March 10</strong></td>
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<td>Breakfast</td>
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<td>Morning Announcements</td>
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<td>9:30-11:00</td>
<td>Motivational Program</td>
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<td>Evaluation and Closing</td>
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<td>11:00-11:30</td>
<td>Check Out</td>
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Bring your students to Rutgers University to celebrate ocean sciences! An opportunity for students to share their marine science projects with Rutgers Oceanographers AND for Rutgers Oceanographers to share their science with your students.

**What are Rutgers Ocean Days?**
Rutgers Ocean Days brings your students (grades 3-12) to Rutgers University to celebrate marine & ocean sciences, to meet with Rutgers scientists, and to present your students’ scientific accomplishments.

The goal of Rutgers Ocean Days is to excite and engage students in ocean science by providing a platform for them to learn from Rutgers scientists and to share results from their science investigations with one another and Rutgers scientists.

**Who should attend?**
Students in grades 3-12 from public and private schools as well as informal science education programs (i.e., 4-H, homeschool groups) from throughout New Jersey.

All New Jersey teachers are encouraged to attend the event with their students.

**What can my students expect from the day?**
Each day’s agenda will be age appropriate and tied with the science standards for their respective grade bands.

Every student can expect to:
• gain a better understanding of current ocean science research that is being conducted at the Institute of Marine & Coastal Sciences at Rutgers University.
• present the results of their science investigations that relate to aquatic/ocean sciences.
• learn about what other students learned from their scientific investigations.

**How can I learn more about Rutgers Ocean Days?**
All teachers interested in participating in Rutgers Ocean Days 2013 should attend the professional development workshop on Saturday, November 3, 2012 from 10am - 1pm. The event will include a science lecture and discussion with Rutgers ocean scientist, an overview of Rutgers Ocean Days agenda (by grade band), and an outline of student expectations for the events.

Also, check out the Rutgers Ocean Days webpage at [http://coseenow.net/mare/opportunities-resources/ocean-day/](http://coseenow.net/mare/opportunities-resources/ocean-day/).

April may seem far away, but it will be here before we know it.
Don’t forget to get permission from your school so your students can participate in this incredible opportunity.

**Sign up** by October 26th to reserve your spot to participate in the program!

**East Coast MARE**
Rutgers Ocean Days is presented by the East Coast MARE program, Rutgers University Institute of Marine & Coastal Sciences.
MARK YOUR CALENDARS!

Important Upcoming Dates:

January 21st  MLK Day of Service
February 21st  Leader’s Association Meeting
March 8-10  NJTC
March 22nd  Passaic County Public Presentations
April 12th  Bergen County Public Presentations